

Tribute to Dads



m a g a z i n e

SRMC Santa Rosa Mothers' Club

JUNE 2016





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Mothers' Club

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inside the **Tribute to Dads** issue

4 Letter from the Editor

A History of Father's Day

Dara Kasza

5 Letter from the Executive Board

Happy Father's Day

Stella Outchkovai

6 SRMC Favorites

BBQ and Brews

Dara Kasza

7 Ask the Expert

Dad's Need Love Too

Barbara Molle

8 Dad's Home!

Father Nature

Mithun, Shyam,
Navneet, Deedar

10 New Member Spotlight

Ginger Susner

12 Committee Spotlight

Member Benefits

Rebecca Abbruzzese

13 Recipe Mama

Mini Apple Pies

Dara Kasza

14 Playdates for Playgroups

Tribute to Dad

Mansi Gala

15 Books for Moms

Dads

Stella Outchkova

18 Calendar of Events

Kid's/Parent Events for Month of May

Dara Kasza

22 Craft Corner

Father's Day Aprons

Dara Kasza

23 Special Dates

Game Night!

Stella Outchkova

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Letter from the Editor

A History of Father's Day

By Dara Kasza



Happy June and Summer time! Hope you all had a great Mother's Day month, now it's time to recognize the men in our lives. I was researching Father's Day and found there are actually two stories of how Father's Day was first celebrated. According to some accounts, the first Father's Day was celebrated in Washington state on June 19, 1910. A woman by the name of Sonora Smart Dodd came up with the idea of honoring and celebrating her father while listening to a Mother's Day sermon at church in 1909. She felt as though mothers were getting all the acclaim while fathers were equally deserving of a day of praise (she would probably be displeased that Mother's Day still gets the lion's share of attention).

Sonora's dad was quite a man. William Smart, a veteran of the Civil War, was left a widower when his wife died while giving birth to their sixth child. He went on to raise the six children by himself on their small farm in Washington. To show her appreciation for all the hard work and love William gave to her and her siblings, Sonora thought there should

be a day to pay homage to him and other dads like him. She initially suggested June 5th, the anniversary of her father's death to be the designated day to celebrate Father's Day, but due to some bad planning, the celebration in Spokane, Washington was deferred to the third Sunday in June. At the first Father's Day celebration, young women handed out red roses to their fathers during a church service, and large baskets full of roses were passed around, with attendees encouraged to pin on a rose in honor of their fathers – red for the living and white in memory of the deceased. Congress was quick to officially declare the second Sunday in May as Mother's Day in 1914, after it was first celebrated on May 10, 1908, it took much longer for Father's Day to be legally recognized. But thanks to Dodd's celebration, Father's Day steadily gained popularity.

The other story of the first Father's Day in America happened all the way on the other side of the country in Fairmont, West Virginia on July 5, 1908. Grace Golden Clayton suggested to the minister of the local Methodist church that they hold services to celebrate fathers after a deadly mine explosion killed 361 men.

While Father's Day was celebrated locally in several communities across the country, unofficial support to make the celebration a national holiday began almost immediately. William Jennings Bryant was one of its staunchest proponents. In 1924, President Calvin "Silent Cal" Coolidge recommended that Father's Day become a national holiday. But no

official action was taken.

In 1966, Lyndon B. Johnson, through an executive order, designated the third Sunday in June as the official day to celebrate Father's Day. However, it wasn't until 1972, during the Nixon administration, that Father's Day was officially recognized as a national holiday.

I'd like to dedicate this post to **all the wonderful fathers, father figures, and male mentors** who have touched the lives of people out there: be it your own kids, other's kids, your family, people you've mentored, people you've coached, and the world at large. Thank you for all that you do. **Thank you for being you.** We appreciate your existence and the often times silent but impactful role you have played in our lives.

I would especially like to thank my father, **Derek DeBruin**. You are the quintessential "cool dad" that all my friends were jealous of. You're the dad who is always willing to help, share a glass of wine and lend an ear. Always having fun and always putting family first. No work event was ever more important than my softball games, tennis matches or dance rehearsals. You are impressively strong willed and determined. You took a leap and created a wildly successful company from scratch. I am so proud of you! You have always been there for me and I will always be there for you. I love you dad!

Happy Father's Day to all!

Cheers, Dara

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Letter from the Executive Board

To the Dad's

By Stella Outchkovai



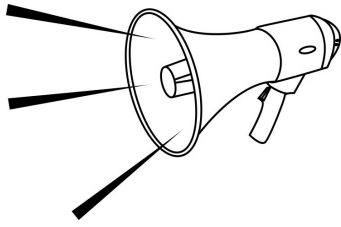
Dada. Daddy. Dad. Father. Pops. No matter what you call him, the meaning is all the same. In one simple word is a powerful and influential man in most people's lives. Fathers are not just "dads" or "babysitters" -- they are counselors, coaches, advisors and friends. There's no better time than Father's Day to honor and thank him for the impact he's had on our own life and our children's lives. A special father figure in my life has been my stepdad. Without even trying, he's taught me the greatest lesson of all: how to be a wonderful parent in my own right. Whether I do things just like him or in my own special way, he has given more insight than I'll ever need just by setting an example. And for that, I say "thank you"!

Father's Day is the day of the year when all of us can show our love and appreciation to the dads in our lives. While I believe we should do this all year round, it does not hurt to designate a special day to pay tribute to fathers just like we do for Mother's Day. This year Father's Day falls on June 19th, so there's plenty of time to plan something special whether it's a material gift, an experience or simply a weekend off (which is what my husband is getting this year). Give dad a hug. Take him out to dinner. Give him a special card. For all the special occasions during the year it's hard for me to find the perfect Father's Day gift, but I'll be safe if it either runs on electricity, burns, or explodes (not in that order or combination). In addition, I'd like to think of ways we can honor each other on those types of holidays with less "stuff" and more experiences. Here are some of my ideas:

- Help dad in the yard or garden
- Write a poem of appreciation for dad
- See an outdoor concert
- If dad loves golf, let him play as much as he wants
- Make a designated, extended naptime for dad
- Ask him what HE wants to do

One thing is for sure – no matter the gift, dad will greatly appreciate the gesture.

For daughters, fathers are the first men they adore and fall in love with. While for sons their fathers are the strongest person they know and someone they aspire to emulate. Even for grownups, fathers are someone who they look up to for experience and honest advice that is always in our best interest. The idea is to show our affection and tell daddy how much he is loved and appreciated not just on Father's Day but every single day of our lives. To all fathers, father figures, and mentors, may you have the most wonderful time with your family! Thank you for all that you do!



Moms have spoken!

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Ask the Expert: What does Dad need? By Barbara Molle

Does the dad in your life appear to be lost, angry, disconnected, or glued to the TV? Do you find him more argumentative or less available to help with the kids or around the house?

Dads do need love, attention, warmth and recognition, even though there's a new baby in the house or several children who need bedtime stories, soccer uniforms or help with their homework. Sometimes, the problem is that dads don't recognize that need or ask for it. Sometimes dads will seem cranky, or withdrawn, or drink too many beers, or ask for sex perhaps more than is normal.

Remember that dads felt close to their wives and then, babies came and their position in the family changed. They experience not being first anymore. The spontaneity that can come without children in the house is replaced by so many demands and of course love and fun too. But mom has had 9 months to get used to the idea of someone new becoming a part of her life. For dad, it is often a concept that has not materialized just yet. Even though dad probably signed up for and wanted this baby, having it and experiencing sleepless nights, mom being unavailable, and all that goes with it is shocking to say the least. Even manuals don't touch the problem because words on a page are not the same as experiencing the realities that come with having children.

Another part of that problem is also the fact that mom is tired. She has recently birthed a new baby or has to work in her kids' classrooms or go to her workplace or all of the above.

Sometimes, kids can have sleep issues requiring one or both parents to spend too much time trying to get them to sleep or childhood illnesses or jealousy over mom's time. "So many needs; so little time."

Wouldn't it be easier if dad just stepped up and said, "Honey, I need a hug." "We need to sit down and have some us time tonight to reconnect." "Let's get a sitter and have a night out, just the two of us. Maybe we can even get a hotel room and make love for hours." Swoon, swoon.

The problem is that many men don't handle their needs or longings in this way. In my practice, as I work with men on relationship issues or sexual concerns, I ask them if anyone has ever asked them how they feel? Most say no. It is certainly a part of our culture that is lacking.

So what is a loving wife to do about this? I always tell my clients that sometimes, the person in the relationship that recognizes the problem is the one that can step forward and initiate changes. I know, we all want to be wanted and desired. We want our partners to look into our eyes, wrap their arms around us and tell us we're beautiful. But what's to be done if this isn't happening and more so, if our partner is withdraw-

ing and feeling angry and/or resentful?

The answer is, begin by trying a touch, a caress, a kind word, a loving gesture. And don't expect immediate results. This more demanding life has created a new elephant in the room, in your family and relationship and it will take a bit of time to turn it around.

Does your partner prefer his loving in words, touch, or visual experiences? Would he respond more to loving words, a flower, candlelight, or you in an alluring outfit? You probably know that answer more than you realize. And, you might be feeling that 'I give all the time. I never get to relax. Who is going to love or care for me?' This is the challenge. The answer is, again, if you can sense the problem and you know that you need your partner's love and support to care for this family and beyond, it's really OK to step up and make the first overture.

When you walk by your partner, put your arms around them. Give a kiss on their neck. Run your hands through their hair. Snuggle up at night. Make their favorite meal. Send loving texts. Get a babysitter. Ask for 15 minutes without the TV on. Sit down and watch sports with them once in awhile.

This is also good for the kids to see. Kids learn from their parents how moms and dads are together. If they see distance, anger, hurt, numbing going on, that becomes the map to their territory for relationship in the future. If they see either parent reach out and the other respond, that tells them that relationships are hopeful and then even if things get rough, they can turn around and feel better, more hopeful and happier. **Happy Parents Breed Happy Children!!**

I know that Moms Need Love Too! Moms probably feel extra-deprived because they have done the difficult birthing work and are often now the hub of the household. It might seem to mom that dad is way off base in feeling deprived and untended. Let that go. We have to learn to build bridges first and then there will be a place where we can begin to talk about our needs and desires. A satisfied partner is more motivated to listen and be concerned about their partner's needs.

And, if all else fails, perhaps a few sessions with a therapist can help mom and dad get back on track remembering that they do love each other and they are doing the most important thing in this life, which is building a healthy and happy family.

Dr. Barbara Molle has been practicing psychotherapy for over 30 years. She especially enjoys her work as a Couple's and Sex Therapist. She also does work with people around body image, rebuilding sense of self, depression and anxiety. Please see her website @ Barbaramolle.com if you want to know more about her approach and philosophy. You can contact her at: 707.478.2892



Dad's Home

Father Nature

When you think about, it's not fair. We fathers never get any credit. Even in wisdom quotes 'Mother nature' sounds cool, while 'Father time' just sounds plain boring. Don't even get me started on how we celebrate 'Mother's day' as compared to 'Father's day'. Nevertheless, we fathers are a proud bunch and so when the opportunity presented to print our 'un-told' story, we jumped right into it ☺

Straight from the SRMC's 'First Man' Shyam (hubby of the President)

"Sometimes I get to feelin'
I was back in the old days - long ago
When we were kids, when we were young
Things seemed so perfect - you know?...Those were the days of my life..." - Freddie Mercury

A morning bike-ride with my son and daughter on Ducker Creek trail until the tunnel under Hwy 12 is that perfect day! We ride feeling the breeze on our faces, listening to the birds and the calming creek when it is flowing against the rocks. Picking wild blackberries along the way and painting lips while we incessantly consume them!

Shyam with his two kids – Dhruvi and Dhruva



In the evening a little physical re-charge often ends-up with me 'Playing Monster'. Tossing and turning them over while both my son and daughter take on their inconceivable monster father. Always with them teaming together to take me down while I rejoice in the fact that we are all hungry for a family dinner together!

Don't we father's all want to go back there? Like Freddie Mercury would say it,
"No use sitting and thinkin' on what you did
When you can lay back and enjoy it through your kids...Cos these are the days of our lives!"

Next up, SRMC's 'Advert Man' Navneet (hubby of the Advertising Chair)

Nothing ever prepares anyone for fatherhood and the responsibilities that come with it, is what I was told when we were expecting our first. I thought to myself there are always exceptions and I'm going to be one of them. Having nephews of my own and working all day with kids of all ages, I felt I was very well equipped to handle my own UNTIL I was holding our own baby in my arms.

Daddy time in the Mansukhani household usually involves the music blaring and the three of us dancing like crazy, splashing around in the bathtub until 'Mom' has to literally pull us 3 out, reading bedtime stories and then putting me to sleep instead of the other way round. I enjoy every bit of it and nothing beats the sparkle in their eyes when I get home from work that almost screams – "Daddy's here, now it's time to Rock and Roll".

Onto SRMC's 'Re-member Man' Deedar (hubby of the Membership Chair)

In our house Daddy-time is time that both Ishani (my two and a half year old daughter) and me look forward to as uninterrupted FUN time! This is the time where discipline goes out the window except for when mommy enters the room. Top of the list is "tea party time". We have a variety of tea cups that are incessantly filled up and several plastic cakes and biscuits that I have to pretend-eat and visually express every time how yummy each one is. As of today, my daughter has not asked me to wear a boa or tiara during the tea party, but I know that time is not too far away.

We also have our ritualistic daddy-time trip to our favorite fro-yo store, Yogurt time. Tip – I just fill up the taster cup at Yogurt time and put that quantity into the bigger cup for Ishani to eat. Sonoma County Children's Museum is another favorite of ours. We can spend 30 minutes easily just at the honey bees section looking at the bees coming in and out of the honeycomb! However I must confess, I am more enchanted by that museum than Ishani is.

And finally from me, SRMC's 'Play boy' Mithun (hubby of the Playgroup Chair)

"Not all those who wander are lost" — J.R.R. Tolkien

I can't help but fall in love with this saying and the way my two year old boy Ruan is living it. Walking around our favorite Spring Lake, embracing 'Father nature' along the way, we both lose track of time wandering into each small side trail trying to spot turtles, 'kakas' (birds), duckies and the resident beaver.

Father's come in all characteristics, shapes and forms and though we don't have an umbilical cord attached to our kids at birth, we do have a strong connection. I am 100% sure and so very glad that the Ruan got the same 'wandering bug' from me, just like I did from my dad.

The 3 Generations @ Spring Lake



I better wrap up this article now. In a few hours the little guy will be up and calling for his pappa to put him back to sleep; because tomorrow is another big day for running, jumping, kicking and wandering around. These kids, make us fathers strive to be better men.

Mithun

NEW MEMBER SPOLIGHT:



Name - Ginger Moana Susner

From - Hawaii. Maui, Big Island and Oahu

Family - Married for 13 years, 3 kids. Girls are a year and a half apart and are now 9 and 10.5. Baby boy just turned 6.

Entertainment - I'm waiting with baited breath for the return of The Game of Thrones, and am slooowly reading the Outlander books.

Favorite place - Beach! Or river, when the weather cooperates. We love to go camping too.

Dream job - I already achieved it. The old-fashioned answer of being a mother. Being a real estate mogul would be helpful too.



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SRMC Committee Update

Committee Spotlight:

Member Benefits

Meet one of the Steering Committee Chairs behind Member Benefits:
Rebecca Abbruzzese



Why is the committee important to you?

Member discounts seems like a great way to give back a little something special to both our members and to strengthen our relationship as an organization within the community. It's nice to know that the local retailers and business community are in partnership with us and support what we're doing – supporting moms, children and families. Also, this is a perfect opportunity for me to provide support to a club that has been such a positive experience for me since having my daughter almost 3 years ago.

How do you know you are making a difference?

Hopefully by next year our Club will have some additional strong relationships with local businesses eager to give discounts to our members. More importantly, however, will be to know that members feel they are getting access to the types of discounts that they want most and will actually go out of their way to use, that they know about the discounts available to them, and that the committee has provided a hassle-free method of utilizing our discounts.

What input are you looking for from our SRMC members? Any and all input is welcome! Some of the specific things I'm interested to know:

What discounts do you want and need as a SRMC Member? Are there any specific businesses that we should reach out to? Do you own or manage a business and do you want to work with us? Are there any niche markets (i.e. life insurance, wills/trusts) that you know about and could help us approach?

If another SRMC mom wanted to be a volunteer for your committee, how would they know if they are a good fit?

Anyone who has ideas about providing fun, useful and interesting discounts to our Members would be a good fit. Everyone has their own relationship to the vast resources available within our community, so gaining various perspectives from our Members will help to make this segment of our Club a richer benefit for all of us.

What can SRMC Members expect from your committee?

Over the next few months, Members can expect to receive updated information about our active discounts as well as new and improved benefits/discounts from service providers, retailers, restaurants, etc. We also plan to provide more regular information about our discounts to Members in multiple formats (newsletter, online, etc.) to keep these benefits at the top of their mind. Finally, Members should expect updates about how to utilize our discounts online or in-person while at shops and businesses.

Come Volunteer for SRMC!

Volunteering is a great way to fill that gap in your resume and connect with other interesting moms, while helping one of the best resources in Sonoma—SRMC!

*SRMC Committee Chairs have their SRMC Membership Fee waived for 12 months after one year of successfully volunteering.

Recipe Mama

Mini Apple Pies By Dara Kasza



You've probably gathered that we LOVE baking, this is another favorite recipe and SO fun, even for the little ones to help with.

This will make a dozen muffin-pan size mini apple pies.

Equipment:

1 muffin pan
1 circle cutter (or large mason jar lid)
2-3 small cookie cutters with cute shapes

Ingredients:

2 large granny smith apples
6 tablespoons of all purpose flour
3/4 cups of sugar
1 1/2 teaspoons of cinnamon (add more if you like the pies to be more "cinnamon-y")
2 tablespoons of chilled butter cut into 12 equal pieces
1 box of chilled Pillsbury pie crust
Melted butter for a butter wash

Directions:

Set oven to 400 degrees F.
Mix together the sugar, cinnamon, and flour in a small bowl.
Peel and cut apples to approx. 1/2" pieces.
Coat the apples with the sugar mixture.
Unroll the pie crust and cut 12 circles with the mason jar lid.
Use the cookie cutters to cut from the remaining crust.
Line the muffin pan with the cut out circles.
Fill with the prepared apples, making sure that the apples do not touch the sides of the pan.
Lay a piece of butter on each pie and cover with the cut out shapes.
Brush with melted butter and bake for 18-22 minutes.



Have a recipe you love and is kid friendly? Please send to me at editor@santarosamothersclub.org



Why use playdates and playgroups for your children?

Playdates are great for kids! They learn how to interact with other kids, they learn how to share, and just how to get along in general. And it gives parents a great opportunity to connect with other adults to talk about parenting, but also to talk about things totally unrelated to being a parent, which is refreshing.

Using a playdate as an opportunity for parents and children alike is important, experts say. But before you get out your calendar and start making calls to other parents, it's important to understand playdate etiquette. Remember that there's more to it than just scheduling a time, date, and place to meet. Age, frequency, and location are just a few of the important factors to take into consideration when you're planning your little one's social calendar.

Tribute to Dads

By Mansi Gala



Make this day special for dad by sharing that one favorite memory with dad as a group together and what better way to make it creative than a Playdate dedicated just to DADs!

Playdate ideas

Family Play dates: This one is the perfect occasion to make it a family playdate. Choose a park or outdoor location and involve the kids in prepping for a fun BBQ lunch and this is sure to impress any dad!

Art to Honor your dad: Some suggestions for group art projects that are sure to please

- Popsicle Puzzle – Use the favorite dad and son/daughter photo and create a homemade puzzle together. Depending on the difficulty you'd like the puzzle to be, you could vary the size of the popsicle sticks (using the larger ones for younger kids), use more complex images, or even make the puzzle two sided!
- Father's Day Trophy – For the younger kids use cardboard to create large trophy cut-outs and then bring out your craft supplies (stickers, glitter pens etc.) and let them go to town! For the older kids use paper cups and construction paper to make a trophy they can write their message to dad on and this can always double as a pen holder later!
- Lego cufflinks: Come together to create a set of cufflinks for dad using Lego pieces. This "one-time" wear item is sure to please and make any dad proud!

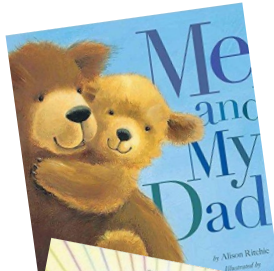
Interested in joining, co-leading or leading a playgroup within SRMC?

If so, please contact playgroups@santarosamothersclub.org

Books for Mom: **We Love Dads**

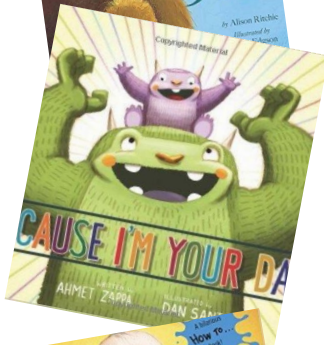
By Stella Outchkova

This month is all about dad, so let's read some great books about all of them!



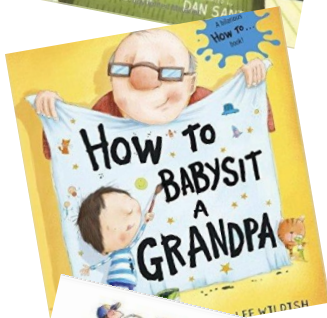
Me and My Dad! - By Alison Ritchie

Little Bear's dad is simply the best! He wakes up his cub with a tickle on the nose and a kiss. Then the two spend a wonderful day together—exploring, splashing through rain, and swimming in the river. At the end of the day, they snuggle together under the stars. Appealing to the best emotions that kids have about their fathers, this will make for a nice sharing experience. Ages 0+ .



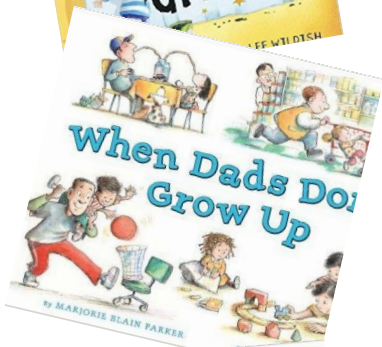
Because I'm Your Dad! – by Ahmet Zappa

In a text that's both playful and loving, a father expresses his hopes and dreams for a one-of-a-kind relationship with his child. Whimsical monster characters bring the silly and sweet scenes to life and keep the book universal. The book's ending, a moving tribute to the author's father, guarantees intergenerational appeal. Ages 1-5



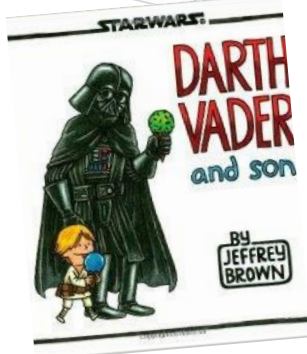
How to Babysit a Grandpa – by Jean Reagan

A New York Times bestselling picture book—from the creators of the hilarious **HOW TO...** series—about a child spending time with his Grandpa. Written in a how-to style, the narrator gives important tips for "babysitting" a grandpa, including what to eat for snack (anything dipped in ketchup, ice cream topped with cookies, cookies topped with ice cream) what to do on a walk (find lizards and dandelion puffs, be on the lookout for puddles and sprinklers), and how to play with a grandpa (build a pirate cave, put on a scary play). Filled with humor, energy, and warmth, this is a great gift for or from a grandparent, and perfect for lap reading when Grandpa comes to visit! Ages 5-8



When Dads Don't Grow Up – by Marjorie Parker

Just in time for Father's Day, this playful book follows four father-child pairs as they spend happy, silly times together, popping bubble wrap and watching cartoons and taking part in shopping cart races. These are dads who aren't worried about looking goofy or getting their hair wet - dads who still remember what it's like to be little. Don't be fooled. They may look like grown-ups on the outside, but underneath they're just like you . . . Kids! Ages 3-5



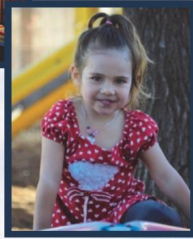
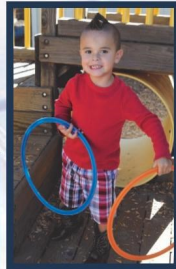
Darth Vader and Son - by Jeffrey Brown

Celebrated artist Jeffrey Brown's delightful illustrations give classic Star Wars® moments a fresh twist, presenting the trials and joys of parenting through the lens of a galaxy far, far away. Life lessons include lightsaber batting practice, using the Force to raid the cookie jar, Take Your Child to Work Day on the Death Star ("Er, he looks just like you, Lord Vader!"), and the special bond shared between any father and son.

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- ¡JUEGA CONMIGO!** (Play With Me!) 3-5 year-old
- ¡NOSOTROS DOS!** (The Two of Us!) 4-6 year-old

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SRMC Calendar of Events: June 2016

June 1, 2016

Preschool Storytime

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409
Nurture in your preschooler a love of books, listening skills, and interaction with others! Preschool Storytime lasts 30 minutes and includes longer stories, fingerplays, rhymes, and songs followed by playtime. For children ages 3-5, with a caregiver.

June 2, 2016

Hot Dog Thursday at Pacific Coast Air Museum

11:30am to 1:30pm

On the first Thursday of the month (April-Oct.) the admission to this fun air museum includes a large hot dog, chips, chili, and soda or water.

Preschool Storytime (ages 2-5)

11:00am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Join us for Preschool Storytime at Northwest Library. We'll read some stories, sing some songs, and use our imaginations! For kids 2-5, with a parent or caregiver.

Read to a PALS Dog

3:30pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401
Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story. In the Children's Room at the Northwest Library. FREE!

June 3, 2016

Crazy, Awesome Science! CMOSC

2:00pm

Each Friday afternoon, we'll explore science. This program often includes a scientific demonstration followed by hands-on science for everyone. Check each week for specific program. Children's Museum of Sonoma County! All ages.

Funky Fridays - Kenwood

7:00 to 9:00pm

Concerts are Family-oriented & welcome kids as well. Enjoy Live Music, Dancing & Picnicking. Tickets: \$10/Per Person, \$10/Parking per Vehicle. Hood Mansion Hwy 12 at North Pythian Rd, Santa Rosa

Family Storytime

10:30am

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401
We'll sing songs, read books and use our imaginations! For kids 2-5 with a caregiver.

Wee Read

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409
Songs, rhymes, fingerplays and simple stories for babies and toddlers and their caregiver. Wee Read lasts 20-30 minutes and is followed by playtime. Wee Read is free and no registration required. For children 0-35 months.

June 4, 2016

Art Spark

10:00am to 11:00am

Every Saturday morning from 10am -11am, join us to explore different kinds of art making. From watercolor paints and printmaking, to felting and building cars. Each week brings a new way to create masterpieces--Make sure to stop by to see what we're crafting! Children's Museum of Sonoma County!

Nuestros Parques Hike

10:00am to 12:pm

Free spanish language nature hike. Ragle Ranch Park, Sebastopol CA

Science Saturday at Environmental Discovery Center

1:00pm to 3:00pm

FREE. Tangible experiments & projects let children explore the natural world. Every first Sat. 1, 2 & 3 p.m. Event is free. Parking \$7. 393 Violetti Rd., Santa Rosa.

Read to a PALS Dog

11:00am to 12:00pm

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story.

June 5, 2016

Railroad Square Music Festival

11:00am to 7:00pm

Railroad Square, 4th and Wilson St, Santa Rosa
The North Bay Hootenanny presents a free music festival in Santa Rosa's historic Railroad Square!

Bubble Science 101

10:30am to 11:30am

Led by retired scientist Professor Ron Schultz, families will explore bubble-making together. This fun program generates gigantic bubbles and huge smiles - plus you'll leave with information on how to create the same bubbles at home. Bubble Science 101 lets people of all ages make giant soap bubbles that can get as big as a car! Join us each Sunday in Mary's Garden for Bubble Science, weather-permitting. Children's Museum of Sonoma County!

Sunday Boating at the Barn

10:00am to 1:00pm

Free. Volunteers help you try a non-motorized

vessel—canoe, kayak, rowboat, or sailboat—on the Petaluma River. Open year-round. Sundays. 10 a.m.–1 p.m. David Yearsley River Heritage Center. Copeland & D Streets, Petaluma. friendsofthepetalumariver.org

June 7, 2016

Tuesday Night Kids' Movies

Movies begin 10 minutes after sunset

Windsor Town Green, Windsor CA
www.ci.windsor.ca

Toddler Time (18-35 months)

10:30am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Songs, rhymes, fingerplays, and simple stories for your active toddler! Toddler Time lasts 20-30 minutes followed by playtime. Toddler Time is free and no registration required. For children ages 18-35 months, with a caregiver.

Babytime (0-17 months)

11:15am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Delight and stimulate your baby's senses with bouncing rhymes, songs, fingerplays and simple books! Babytime lasts 20 minutes followed by playtime. Babytime is free and no registration required. For children ages 0-17 months, with a caregiver.

June 8, 2016

Preschool Storytime

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409
Nurture in your preschooler a love of books, listening skills, and interaction with others! Preschool Storytime lasts 30 minutes and includes longer stories, fingerplays, rhymes, and songs followed by playtime. For children ages 3-5, with a caregiver.

June 9, 2016

Summer Nights on the Green

5:00pm to 8pm

Windsor Town Green, Windsor CA
THURSDAYS!
Live Concerts (6-8 pm)
Windsor Farmers Market (5-8 pm)
Food vendors and farm fresh produce.
Family Lawn Games.

Preschool Storytime (ages 2-5)

11:00am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Join us for Preschool Storytime at Northwest Library. We'll read some stories, sing some songs, and use our imaginations! For kids 2-5, with a parent or caregiver.

SRMC Calendar of Events: April 2016

Read to a PALS Dog

3:30pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story. In the Children's Room at the Northwest Library. FREE!

June 10, 2016

Crazy, Awesome Science! CMOSC

2:00pm

Each Friday afternoon, we'll explore science. This program often includes a scientific demonstration followed by hands-on science for everyone. Check each week for specific program. Children's Museum of Sonoma County! All ages.

Funky Fridays - Kenwood

7:00 to 9:00pm

Concerts are Family-oriented & welcome kids as well. Enjoy Live Music, Dancing & Picnicking
Tickets: \$10/Per Person, \$10/Parking per Vehicle.

Hood Mansion Hwy 12 at North Pythian Rd,
Santa Rosa

Wee Read

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Songs, rhymes, fingerplays and simple stories for babies and toddlers and their caregiver. Wee Read lasts 20-30 minutes and is followed by playtime. Wee Read is free and no registration required. For children 0-35 months.

June 11, 2016

Art Spark

10:00am to 11:00am

Every Saturday morning from 10am -11am, join us to explore different kinds of art making. From watercolor paints and printmaking, to felting and building cars. Each week brings a new way to create masterpieces--Make sure to stop by to see what we're crafting! Children's Museum of Sonoma County!

Read to a PALS Dog

11:00am to 12:00pm

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story.

June 12, 2016

Bubble Science 101

10:30am to 11:30am

Led by retired scientist Professor Ron Schultz, families will explore bubble-making together. This fun program generates gigantic bubbles and huge smiles - plus you'll leave with information on how to create the same bubbles at

home. Bubble Science 101 lets people of all ages make giant soap bubbles that can get as big as a car! Join us each Sunday in Mary's Garden for Bubble Science, weather-permitting. Children's Museum of Sonoma County!

Sunday Boating at the Barn

10:00am to 1:00pm

Free. Volunteers help you try a non-motorized vessel—canoe, kayak, rowboat, or sailboat—on the Petaluma River. Open year-round. Sundays. 10 a.m.-1 p.m. David Yearsley River Heritage Center. Copeland & D Streets, Petaluma. friendsofthepetalumariver.org

SRMC Kids Outing: Lil Kickers Soccer

10am to 11am

921 Piner Rd, Santa Rosa

The classes will be 50 min long. The program is a child development program with emphasis on soccer. Please, arrive around around 9:45 for check-in and warm-up on the field. In the parent/child classes the work is on developing coordination, balance, social skills and a familiarity with kicking the ball. We also build cone towers, play with squishy ball, bubbles,parachute, hula hoops and many more games.

June 14, 2016

Tuesday Night Kids' Movies

Movies begin 10 minutes after sunset

Windsor Town Green, Windsor CA

www.ci.windsor.ca

Toddler Time (18-35 months)

10:30am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Songs, rhymes, fingerplays, and simple stories for your active toddler! Toddler Time lasts 20-30 minutes followed by playtime. Toddler Time is free and no registration required. For children ages 18-35 months, with a caregiver.

Babytime (0-17 months)

11:15am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Delight and stimulate your baby's senses with bouncing rhymes, songs, fingerplays and simple books! Babytime lasts 20 minutes followed by playtime. Babytime is free and no registration required. For children ages 0-17 months, with a caregiver.

June 15, 2016

Preschool Storytime

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Nurture in your preschooler a love of books, listening skills, and interaction with others! Preschool Storytime lasts 30 minutes and in-

cludes longer stories, fingerplays, rhymes, and songs followed by playtime. For children ages 3-5, with a caregiver.

June 16, 2016

Preschool Storytime (ages 2-5)

11:00am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Join us for Preschool Storytime at Northwest Library. We'll read some stories, sing some songs, and use our imaginations! For kids 2-5, with a parent or caregiver.

Read to a PALS Dog

3:30pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story. In the Children's Room at the Northwest Library. FREE!

Magic of Timothy James

2:00pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401

Fun magic show for the whole family! This event is part of the Children's Summer Reading Club at Sonoma County Library. Join the club, set a reading goal, and take the five-book challenge! There is something fun going on at your library every week during Summer Reading. Come to the library, check out the show, get a library card, and enjoy some books.

June 17, 2016

Crazy, Awesome Science! CMOSC

2:00pm

Each Friday afternoon, we'll explore science. This program often includes a scientific demonstration followed by hands-on science for everyone. Check each week for specific program. Children's Museum of Sonoma County! All ages.

Funky Fridays - Kenwood

7:00 to 9:00pm

Concerts are Family-oriented & welcome kids as well. Enjoy Live Music, Dancing & Picnicking
Tickets: \$10/Per Person, \$10/Parking per Vehicle. Hood Mansion Hwy 12 at North Pythian Rd,
Santa Rosa

Wee Read

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Songs, rhymes, fingerplays and simple stories for babies and toddlers and their caregiver. Wee Read lasts 20-30 minutes and is followed by playtime. Wee Read is free and no registration required. For children 0-35 months.

SRMC Calendar of Events: April 2016

10:00am to 10:45am

Join Guadalupe of Colors of Spanish for a special Spanish storytime at the Children's Museum of Sonoma County! All ages.

Art Spark

10:00am to 11:00am

Every Saturday morning from 10am -11am, join us to explore different kinds of art making. From watercolor paints and printmaking, to felting and building cars. Each week brings a new way to create masterpieces--Make sure to stop by to see what we're crafting! Children's Museum of Sonoma County!

Read to a PALS Dog

11:00am to 12:00pm

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story.

June 19, 2016

Outdoor RC Car Racing at Fundemonium

1:00pm to 4:00pm

Come to Fundemonium and enjoy some parking lot racing. All scales welcome. Bring your car or truck and race for \$10. Don't have a car? Rent one from us for \$10. Rohnert Park. All ages.

Bubble Science 101

10:30am to 11:30am

Led by retired scientist Professor Ron Schultz, families will explore bubble-making together. This fun program generates gigantic bubbles and huge smiles - plus you'll leave with information on how to create the same bubbles at home. Bubble Science 101 lets people of all ages make giant soap bubbles that can get as big as a car! Join us each Sunday in Mary's Garden for Bubble Science, weather-permitting. Children's Museum of Sonoma County!

June 21, 2016

Tuesday Night Kids' Movies

Movies begin 10 minutes after sunset

Windsor Town Green, Windsor CA
www.ci.windsor.ca

Toddler Time (18-35 months)

10:30am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Songs, rhymes, fingerplays, and simple stories for your active toddler! Toddler Time lasts 20-30 minutes followed by playtime. Toddler Time is free and no registration required. For children ages 18-35 months, with a caregiver.

Babytime (0-17 months)

11:15am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Delight and stimulate your baby's senses with bouncing rhymes, songs, fingerplays and simple

books! Babytime lasts 20 minutes followed by playtime. Babytime is free and no registration required. For children ages 0-17 months, with a caregiver.

June 22, 2016

Magic of Timothy James

2:00pm

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Fun magic show for the whole family! This event is part of the Children's Summer Reading Club at Sonoma County Library. Join the club, set a reading goal, and take the five-book challenge! There is something fun going on at your library every week during Summer Reading. Come to the library, check out the show, get a library card, and enjoy some books.

Preschool Storytime

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Nurture in your preschooler a love of books, listening skills, and interaction with others! Preschool Storytime lasts 30 minutes and includes longer stories, fingerplays, rhymes, and songs followed by playtime. For children ages 3-5, with a caregiver.

June 23, 2016

Preschool Storytime (ages 2-5)

11:00am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404
Join us for Preschool Storytime at Northwest Library.

We'll read some stories, sing some songs, and use our imaginations! For kids 2-5, with a parent or caregiver.

Read to a PALS Dog

3:30pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story. In the Children's Room at the Northwest Library. FREE!

June 24, 2016

Crazy, Awesome Science! CMOSC

2:00pm

Each Friday afternoon, we'll explore science. This program often includes a scientific demonstration followed by hands-on science for everyone. Check each week for specific program. Children's Museum of Sonoma County! All ages.

Funky Fridays - Kenwood

7:00 to 9:00pm

Concerts are Family-oriented & welcome kids as well.

Enjoy Live Music, Dancing & Picnicking
Tickets: \$10/Per Person, \$10/Parking per Vehicle. Hood Mansion Hwy 12 at North Pythian Rd, Santa Rosa

Wee Read

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Songs, rhymes, fingerplays and simple stories for babies and toddlers and their caregiver. Wee Read lasts 20-30 minutes and is followed by playtime. Wee Read is free and no registration required. For children 0-35 months.

June 25, 2016

Sensory Sensitive Films present "Finding Dory"

10:00am

Airport Cinemas Sensory Sensitive Films present "Finding Dory"
A movie with no previews or ads, lights up, sound turned down. For sensitive kids. Regular matinee ticket prices apply: \$6.75 for children and seniors; \$7.75 for general admission. All ages.
409 Aviation Blvd. Santa Rosa.

Art Spark

10:00am to 11:00am

Every Saturday morning from 10am -11am, join us to explore different kinds of art making. From watercolor paints and printmaking, to felting and building cars. Each week brings a

SRMC EVENTS!

June 12, 2016

Kids Outing: Lil Kickers Soccer

10am to 11am

921 Piner Rd, Santa Rosa

The classes will be 50 min long. The program is a child development program with emphasis on soccer. Please, arrive around around 9:45 for check-in and warm-up on the field. In the parent/child classes the work is on developing coordination, balance, social skills and a familiarity with kicking the ball. We also build cone towers, play with squishy ball, bubbles, parachute, hula hoops and many more games.

SRMC Calendar of Events: April 2016

new way to create masterpieces--Make sure to stop by to see what we're crafting! Children's Museum of Sonoma County!

Read to a PALS Dog

11:00am to 12:00pm

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story.

June 26, 2016

Bubble Science 101

10:30am to 11:30am

Led by retired scientist Professor Ron Schultz, families will explore bubble-making together. This fun program generates gigantic bubbles and huge smiles - plus you'll leave with information on how to create the same bubbles at home. Bubble Science 101 lets people of all ages make giant soap bubbles that can get as big as a car! Join us each Sunday in Mary's Garden for Bubble Science, weather-permitting. Children's Museum of Sonoma County!

Sunday Boating at the Barn

10:00am to 1:00pm

Free. Volunteers help you try a non-motorized vessel—canoe, kayak, rowboat, or sailboat—on the Petaluma River. Open year-round. Sundays. 10 a.m. -1 p.m. David Yearsley River Heritage Center. Copeland & D Streets, Petaluma. friendsofthepetalumariver.org

Open Gardens Celebration

Hallberg Butterfly Gardens
10:00am to 4:00pm
8687 Oak Grove Ave, Across from Oak Grove School
Bird and Butterfly sightings, children's activities, wildflower display, books and walking tours.

June 27, 2016

Museum Mondays for Little Ones

10:00am to 12:00pm

Enjoy stories, arts and crafts activities, and movement games for children aged 1 through 5 and their caregivers at the Schulz Museum.

Cost: \$5 per child
Charles M. Schulz Museum

June 28, 2016

Tuesday Night Kids' Movies

Movies begin 10 minutes after sunset

Windsor Town Green, Windsor CA
www.ci.windsor.ca

Toddler Time (18-35 months)

10:30am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Songs, rhymes, fingerplays, and simple stories for your active toddler! Toddler Time lasts 20-30 minutes followed by playtime. Toddler Time is free and no registration required. For children ages 18-35 months, with a caregiver.

Babytime (0-17 months)

11:15am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Delight and stimulate your baby's senses with bouncing rhymes, songs, fingerplays and simple books! Babytime lasts 20 minutes followed by playtime. Babytime is free and no registration required. For children ages 0-17 months, with a caregiver.

June 29, 2016

Preschool Storytime

11:00am

Rincon Valley Library
6959 Montecito Boulevard
Santa Rosa, CA 95409

Nurture in your preschooler a love of books, listening skills, and interaction with others! Preschool Storytime lasts 30 minutes and includes longer stories, fingerplays, rhymes, and songs followed by playtime. For children ages 3-5, with a caregiver.

June 30, 2016

Preschool Storytime (ages 2-5)

11:00am

Central Santa Rosa Library
211 E Street
Santa Rosa, CA 95404

Join us for Preschool Storytime at Northwest Library. We'll read some stories, sing some songs, and use our imaginations! For kids 2-5, with a parent or caregiver.

Read to a PALS Dog

3:30pm

Northwest Santa Rosa Library
150 Coddington Center
Santa Rosa, CA 95401

Children of all ages, including preschoolers, are invited to read to a dog or tell a dog a story. In the Children's Room at the Northwest Library. FREE!

CRAFT CORNER

Father's Day Aprons

By Dara Kasza

It can be difficult to find the right gift for Dad on Father's Day. If you have kids, it's fun to do homemade gifts, but what does Dad need?

If he's a grill-master, like our Dad, then by all means he needs a new apron! But not just any apron, an apron that has been lovingly decorated by his children.

What you need:

- Plain white/cream apron (sold at Michael's or Amazon)
- Fabric Paint
- Fabric Markers
- Puff paint
- Willing children



Make a plan on what the apron will say before you start. We decided to do Hadley's handprints and the slogan: "Hands Down, Best DAD Ever!"

We used fabric paint to do the handprints (be sure to have the kids wash it off right away, it dries pretty fast). Then we used puffy paint and fabric markers to write the slogan and decorate the apron. He's gonna love it!



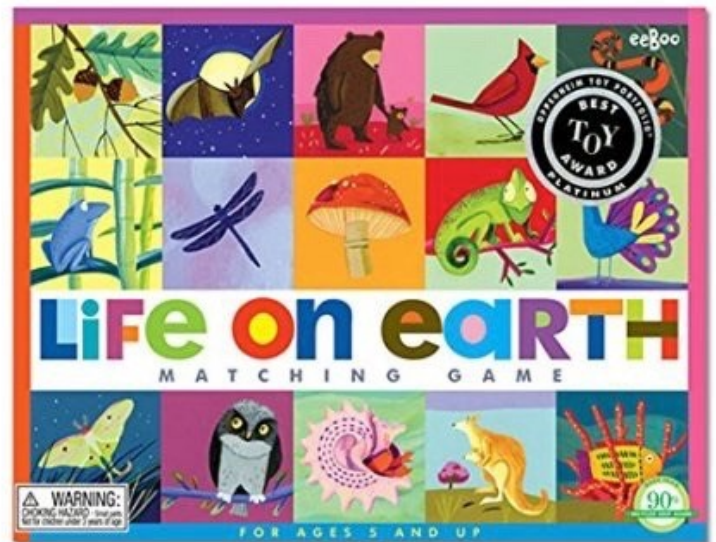
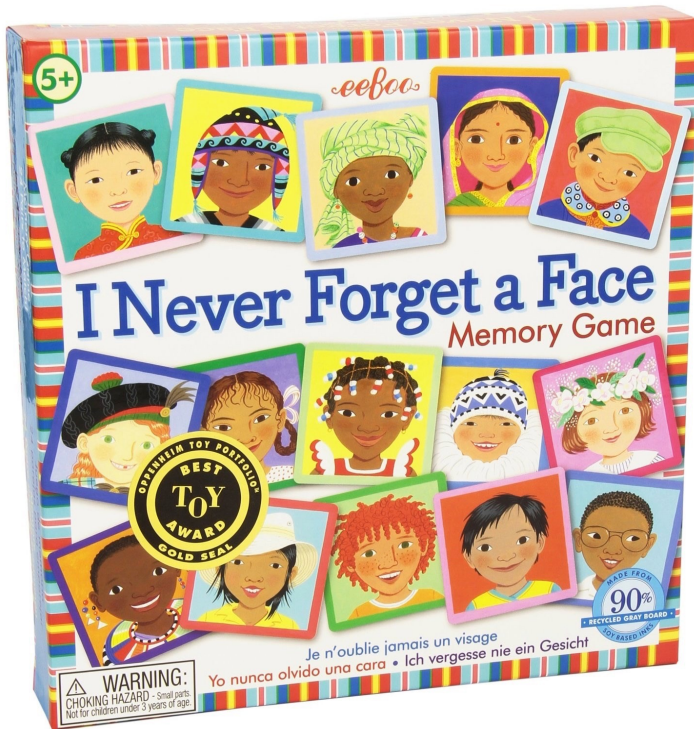
Special Dates with your Little One

By Stella Outchkova

Game Night

A family game night is a great time for family conversation, teamwork and educational opportunity. Whether your kids are two or twelve it's never too early to start a great family tradition so when the kids are in their teens it's just a given. There are fun and engaging family games for all ages. Designate a day during the week (it would be a special reward for finishing homework) and time after dinner (not too late so that it interferes with bedtime). For the next 45min turn off all electronics, have healthy snacks on hand, make some chocolate milk and have one family member choose a game to play that night.

A personal favorite of mine are the Eeboo Matching games. It's a Play Memory game and the quality of the matching cards is nice, thick with a protective gloss laminate. We've had this game since our little boy was 18 months old, he's now a little over 2 and the cards have made it through a few chewing stages. Plus they are gorgeous. And I love pretty things :)



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